

Moose's Down Under Gluten Free Menu

Appetizers

Steak Bites – 8 oz. tender Australian striploin tossed with coarse salt & pepper, sub blue cheese for ranch or hot sauce	\$19.99	Bowl of Fries* – <i>No Gravy</i> fries are gluten free but are cooked in the same oil as non-gluten free menu items	\$6.99
Baked Potato Skins – topped with cheese, real bacon bits & green onions, served with sour cream	\$10.99	Veggie Plate – assorted veggies with ranch dip.	\$8.99
Moose Wraps – 8 tender chicken bites wrapped in bacon	\$11.99	Snag Bites – 2 organic, pork and leek sausages, sliced, pan seared & served with mustards	\$14.99
Chicken Satay Bites – marinated pieces	\$12.99		

Salad and Soups – *No Bread or Croutons*

Minestrone - vegan	\$7.50	All salad dressings except for blue cheese and Italian are Gluten Free
Pumpkin Soup - w/crème fresh - vegetarian	\$7.50	
Soup & Salad	\$21.99	See our full menu for all our salads

Burgers – *Served with fries* or mixed greens**

Salmon Burger – <i>GF Bun (+\$1.99)</i> Grilled wild Coho Salmon fillet dusted with Aussie lemon myrtle spice with lettuce, tomato & mayo	\$18.99
Mexi Chook Burger – <i>GF Bun (+\$1.99)</i> Grilled Cajun chicken breast with tomato, corn & avocado salsa, mayo and lettuce	\$17.99

Sangers – *Served with fries* or mixed greens**

Chicken Fajita on Rice Grilled chicken with onion, black beans, green & red peppers. Served with salsa, sour cream & nacho cheese	\$15.99
All other sangers can be made on gluten free buns for an additional charge. See full menu.	

Aussie Tucker and Pub Classics

Chicken Parmie – Un-breaded chicken breast topped with tomato sauce & mozza. With fries* and mixed greens	\$23.99	Veggie Wok About Rice Bowl – bell peppers & fresh seasonal veggies on rice. With baja or satay sauce. With fries* or mixed greens*	\$14.99
Chicken Parmie Burger – <i>GF Bun (+\$1.99)</i> Un-breaded chicken breast on a topped with our home made tomato sauce, mozza, lettuce & mayo. With fries* or mixed greens*	\$18.99	Chicken or Steak Wok	\$20.98
New Zealand Lamb Burger <i>All served on a Gluten Free bun (+\$1.99)</i>	\$19.99	Prawn Wok	\$21.98
		Bangers and Mash – Two local, organic, hormone-free, leek sausages. Served with fries* or mixed greens* & creamy mashed potato. Sub gravy for au jus	\$19.99

Desserts

Pavlova	\$8.99	Side Adds and Extras	
Flourless Chocolate Brownie	\$7.99	Steamed Veggies	\$1.99
Vanilla Ice Cream	\$6.99	Gluten Free Bun	\$1.99
		Add Rice	\$1.99
		Add Mashed Potato	\$1.99
		<i>Other additions available on the full menu</i>	

* Fries are gluten free but are cooked in the same oil as non-gluten free menu item.

* All salad dressings except for blue cheese and Italian are Gluten Free

All of our condiment's ketchup, mayo and mustard are Gluten Free

All prices subject to tax